

STUDENT ITINERARY

RED STICK ADVENTURES CITY TOUR

With the option of a step-on tour guide or rental of a 14-seat shuttle plus driver, your group can customize tours to include anything from museums and national monuments, to historic neighborhoods and attractions. Tours are available in English, Spanish or French by request.

WHITE STAR MARKET

A ten minute drive down Government Street to White Star Market paints a picture of the fun and funky Mid City area of Baton Rouge. From ramen bowls to gourmet tacos, Cajun pizzas to fusion cubanos, there's something for everyone at White Star Market and plenty of seating both inside and out.

BLUEBONNET SWAMP NATURE CENTER

Walk the paths of a 65-acre cypress-tupelo swamp filled with birds, foxes, turtles and alligators. Be sure to stop at the wildlife ecology exhibit for the chance to pet and hold the very creatures and critters inhabiting the landscape around you.

AUTHENTIC LOUISIANA DINING

For a taste of true Cajun/Creole cuisine, try **Mike Anderson's**, **Parrain's**, **Capital City Grill** or **The Chimes**. Each of these local favorites boasts signature dishes and spacious dining rooms.

PERKINS ROWE

Stroll through this entertainment destination offering shopping, dining, an upscale movie theatre and frequent seasonal events that include live music, food trucks and more.

PERFORMANCE OPPORTUNITIES

Workshops, clinics, performances and more—Baton Rouge offers a variety of educational opportunities for students from around the world. Venues and opportunities in the area include:

- LSU College of Music & Dramatic Arts
- LSU Campus Churches
- LSU Reilly Theatre
- Baton Rouge Community College Magnolia Performing Arts Pavilion
- Theatre Baton Rouge
- The Manship Theatre
- Baton Rouge Area Private and Public Schools

Group-friendly hotels include LSU's Cook Hotel, Drury Inn, Hampton Inn, Staybridge Suites, Wyndham Garden and many more.

CAMPUS CALL-OUTS

LOUISIANA STATE UNIVERSITY

- **AgCenter Dairy Store:** Offers selection of meats, cheeses, hot drinks and ice cream, including student-created flavor Tiger Bite
- **Tiger Stadium & Mike The Tiger Habitat:** Considered one of the largest and finest tiger habitats in the country

SOUTHERN UNIVERSITY

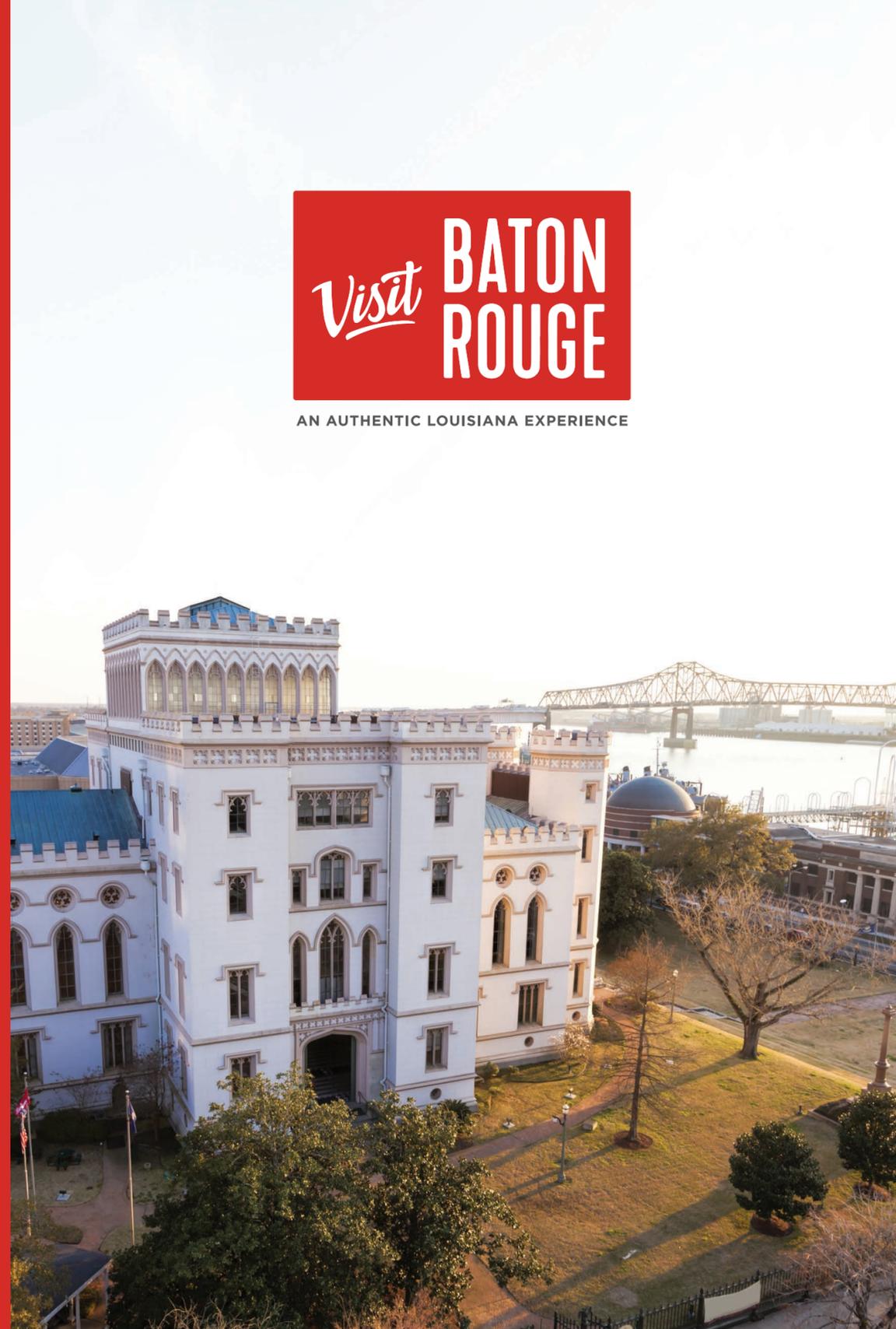
- **The Bluffs:** Popular spot among students to take a break or spend the evening watching the sun set over the Mississippi River
- **Southern University Museum of Art:** Four galleries dedicated to African American art, with an additional four galleries of art from around the region

BATON ROUGE COMMUNITY COLLEGE

- **Magnolia Theatre and Performing Arts Pavilion:** Cultural feature and landmark building on BRCC's campus
- **Independence Community Park:** Sprawling off-campus park includes soccer fields, pavilions, walking trails and botanical gardens

LOUISIANA CULINARY INSTITUTE

- **Kitchens & Classrooms:** Offers tours of the 40,000 sq. ft., state-of-the-art facility with commercial kitchens, baking labs and more
- **BRQ:** Cozy and comfortable restaurant serving smoked BBQ, seafood and Southern sides



AN AUTHENTIC LOUISIANA EXPERIENCE



FESTIVALS & EVENTS

WINTER

Bonfires on the Levee, Rural Life Christmas, Downtown Festival of Lights, Kiwanis Christmas Parade, Red Stick Revelry New Years Eve, Restaurant Week, White Light Night, Louisiana Marathon, The Nutcracker A Tale from the Bayou

SPRING

Blues Fest, Mardi Gras, Audubon Pilgrimage in St. Francisville, The Battle of Jackson Crossroads, Ebb & Flow Festival, Jambalaya Jam, Live After Five, Sunday in the Park, Louisiana Earth Day Festival, Hot Art Cool Nights, CrawFête, St. Patrick's Day Parade, Zapp's International Beer Festival, Bayou Country Superfest

SUMMER

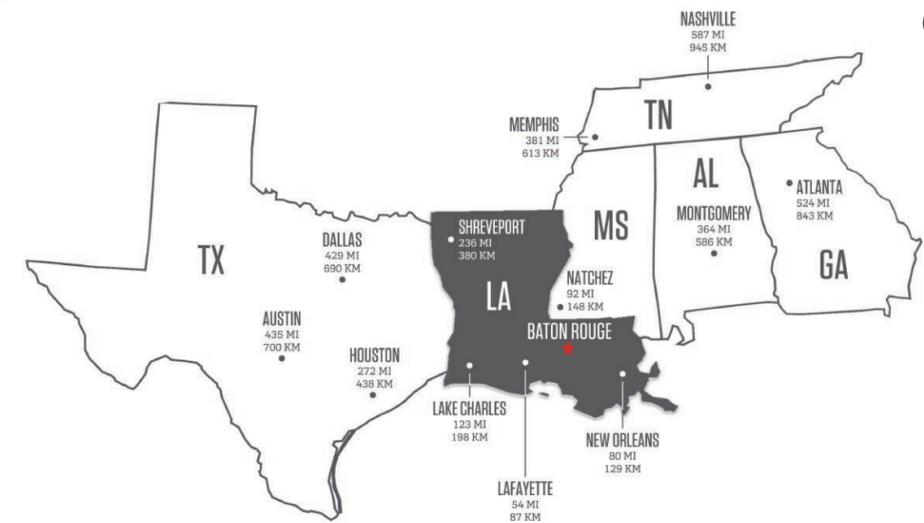
Star Spangled 4th of July Celebration, Fête Rouge, Taste of Tiger Tailgating, Professional Bull Riding Rodeo, Baker Buffalo Festival, Restaurant Week, Italian Heritage Festa, Art Melt, International Film Festival

FALL

Harvest Days and Civil War Reenactment, Angola Prison Rodeo, Louisiana Book Festival, Live After Five, Sunday in the Park, Halloween Parade, Zachary Art Crawl, 13th Gate, LSU & SU Football, Baton Rouge State Fair

TRAVEL LOGISTICS

With Interstates 10 and 12 passing directly through Baton Rouge and the Baton Rouge Metropolitan Airport servicing direct non-stop flights—to and from Atlanta, Charlotte, Orlando, Dallas, Austin and Houston—Baton Rouge is an ideal destination for travelers driving or flying on Delta, American, United and Via Airlines. Shuttles are available to and from the airport to most locations in and around the city.



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3-DAY ITINERARY

SPEND THE DAY DOWNTOWN

STRANDS CAFÉ

Stop into this boutique café to enjoy handmade chocolates and pastries, or take your cup of joe to-go and stroll through nearby **Spanish Town**, one of Baton Rouge's quirkiest historic neighborhoods.

CAPITOL PARK MUSEUM

Step onto a Mardi Gras float or stand toe-to-toe with Huey P. Long. The eclectic exhibits at the Capitol Park Museum immerse visitors in the adventure-filled history of the Bayou State.

POOR BOY LLOYD'S

The quaint, country decor and hearty portion sizes of Baton Rouge's beloved Poor Boy Lloyd's—owned and operated by a local family for over 50 years—will have you feeling right at home.

OLD AND NEW STATE CAPITOLS

Pay a free visit to the State Capitol to get a glimpse of the Senate chambers and ride the elevator up to the observation deck of the nation's tallest capitol building. Then travel back in time with a visit to the historic Old State Capitol, known by locals as Louisiana's "castle on the river."

MANSHIP THEATRE

From classic movie showings to theatre and musical performances, the Manship Theatre provides an entertainment line-up worth exploring.

MEANDER THROUGH MID-CITY

MID CITY CULTURAL DISTRICT

A drive through the heart of Mid City unveils a charming urban tapestry of wall murals, colorful shops and revitalized spaces, now cherished as places to gather, create and play. Take your time exploring the eclectic mix of vintage treasure and architectural salvage yard at The Market at Circa 1857 before heading next door to the equally offbeat brunch spot Yvette Marie's. Other spots prime for perusing include Pop Shop Records, Pink Elephant Antiques and Time Warp vintage clothing shop.

SOJI MODERN ASIAN

For dinner, surprise your palette with Soji's one-of-a-kind modern Asian menu, created by local chef and former Chopped contestant Ryan André. With pink neon accent lighting, cocktails served in sumo wrestler Tiki mugs and hip jazz-influenced beats played by the restaurant's very own DJ, Soji embodies the laidback, yet eccentric energy radiating from the heart of Mid City.

RADIO BAR

End the night at this industrial neighborhood bar, with plenty of seating options, extensive beer and cocktail selections and outdoor ping pong table and dart board. If you're looking for live music, head over to the nearby **Phil Brady's**, a down home joint featuring live blues music, bar food & pool tables.

START AT THE SWAMPS

CAJUN PRIDE SWAMP TOURS

Escape beneath the Spanish moss and through the quiet cypress forest as your captains—born and raised on the bayou—take you deep into the heart of the Louisiana swamplands and introduce you to the waterways, landscape and wildlife of quintessential Louisiana.

HOUMAS HOUSE PLANTATION

Sit down for a delicious lunch at **Cafe Burnside**, before your antebellum tour guide takes you back in time through the beautifully landscaped gardens, antique-filled corridors and historical accounts of the "Sugar Palace," voted Best Historic Mansion by USA Today.

ROBERTO'S RIVER ROAD RESTAURANT

End the day with a sunset drive down **River Road**, which winds alongside the meandering banks of the Mississippi River, until you reach Roberto's. A true hidden gem in Baton Rouge, the aesthetic of the restaurant alone sets the stage for an authentic Louisiana experience. The atmosphere is relaxed, prices are reasonable and the food stands up to even the most seasoned of local palettes.



HISTORY

U.S.S. KIDD

Retired WWII Fletcher-class destroyer, preserved in its 1945 configuration, now a National Historic Landmark

OLD STATE CAPITOL

Museum of Political History that waits beyond the cast iron staircase, beneath the beautiful stained-glass cathedral dome

MYRTLES PLANTATION

Historic home and former antebellum plantation touted as one of America's "most haunted homes"

ARTS

RURAL LIFE MUSEUM & WINDRUSH GARDENS

Majestic live oaks and ancient crepe myrtles stretching over the property's 32 historic buildings, including old slave cabins and a blacksmith shop

LOUISIANA ART & SCIENCE MUSEUM

Curation of fine art—from local communities and cultures around the world—plus state-of-the-art planetarium and renowned mummy exhibit

CULTURAL

RED STICK SPICE CO. COOKING CLASSES

Hands-on exploration of South Louisiana's complex cuisine where attendees learn to perfect a roux, master macque choux and cook like a Cajun

LIVE AFTER FIVE

Weekly concert series featuring performances ranging from legendary blues musicians to up-and-coming artists



EAT

TONY'S SEAFOOD

Largest seafood market in the Gulf South offering fresh, fried and frozen specialties, from alligator sausage to Louisiana blue crabs

JUBAN'S CREOLE RESTAURANT

Skylit atrium bar and elevated Creole cooking, served in an atmosphere reminiscent of old New Orleans

SHOP

MALL OF LOUISIANA

Indoor/outdoor mall with over 160 specialty stores and world's second largest indoor carousel

RED STICK FARMERS MARKET

Saturday morning market, hosting array of Louisiana vendors, family farmers and local artisans

PLAY

L'AUBERGE

1,500 slot machines, 51 table games and rooftop pool overlooking the Mississippi River

LSU LAKES

Perfect for packing a picnic, running the 4-mile loop or paddling out onto the water

THE VARSITY THEATRE

Popular music venue near LSU's campus that has hosted artists from Willie Nelson to Snoop Dogg

RED STICK SOCIAL

Premier entertainment venue housed within the Electric Depot, featuring upscale bowling and live music

TOPGOLF

Driving range meets party venue featuring point-scoring golf games, drinks, music and more

